

Writing competition

Dreaming with eyes open

Dream with your eyes open and write a short story about your wildest daydream.

Hi im Francesca and I suffer from Generalized Anxiety
So today I will be telling you a story about it,
once you get that funny feeling in your tummy
you know its over but not for me! I looked and
thought and I said I'm not letting this monster in my head
take over me, So all of a sudden I zoned out and
all of a sudden ^{that} I was DREAMING WITH MY EYES
OPEN! I was day dreaming about me fighting that
little monster in my head trying to make me feel
stupid about myself, trying to make me panic, but
I fought it all down in just 1 day dream. I could
feel the worries getting smaller and smaller
every time, I fought with it. I know I've learnt
that when I get this funny feeling in my tummy
I know that all I have to do is fight it with in
my MIND!

The End

Thankyou for reading my story I hope it touches
your heart somehow and I hope I win a prize!
- THANK YOU! -